

Question 1 – Tell us a little about yourself

Three years ago, five of us, all either at risk of redundancy or just wanting a change, wanting something different, started to come together once a month over a shared meal. We called ourselves the Change the World Gang. Ambitious, hey?

We started with each other, supporting each other through this time of transition. A few months later, I'd started a new job and then quit and had really bad whiplash from a car accident. Since then, I have been on an incredible journey. I co-founded a not-for-profit with fellow Change the Worlders. Together, we have helped over 300 people in Cambridgeshire to cycle, many of whom thought they couldn't, or hadn't cycled for a very long time. It started Small, with one person – Aaran, who couldn't cycle a two-wheeled bike.

I was pretty proud of what we'd achieved. Then, in October 2011 my dad was diagnosed with brain tumours. He died seven months later, two days before I turned 30. It totally shifted my perspective. What I've done so far seems mediocre. This coming May, it will be the one year anniversary of my dad's death. I will turn 31. I want to celebrate by kicking ass.

Question 2 – List up to three web links that will help us to understand you better

I'm aware that these are safe. Help me to make them more dangerous:

- 1) Aaran's Dream is now a Team: <http://www.youcanbiketoo.org/meet-the-team.html>
- 2) Me being brave: <http://theyoucanhub.org.uk/2013/03/08/learning-from-simon-weston-on-liking-yourself/>
- 3) I also got married last year, which meant doing things differently: <http://www.buttoneering.com/1/post/2012/11/help-where-do-i-start-with-planning-my-wedding.html>

Question 3 – What do you hope to get from Misfit Conf: Fargo?

I want to reveal my inner superhero - Danger Lou. We've made a little dink in the Universe. It's time to look at the dink and see how it could become a dent. Enterprise in the UK is obsessed with scale. I don't want to "scale up" what we've been doing at You Can. I want to look at what is Small about what we've done so far, and see where to go from here. I want to push past the shame and celebrate, get more confident in my voice and not censor myself... I want to take the gloves off! I want to return to Cambridge ready to start a (small) revolution. I know that I'm making choices that are safe right now. I acknowledge the value in being aware of that. I want to come back from Fargo dangerous, and contagious.